

**Alamance County JCPC Request for Proposals (RFP)
Program Descriptions FY 2019-2020**

Program Type	Descriptions including Dosage and Duration of Services
Interpersonal Skill Building	<p>Services that focus on developing the social skills required for an individual to interact in a positive way with others. The basic skill model begins with an individual's goals, progresses to how these goals should be translated into appropriate and effective social behaviors, and concludes with the impact of the behavior on the social environment. Typical training techniques are instruction, modeling of behavior, practice and rehearsal, feedback, reinforcement.</p> <p>(Length of Stay= Minimum 12 weeks unless implementing a model program & following model specifications, Frequency of Contact= no less than 2 hours weekly)</p>
Mentoring	<p>Provides opportunities for adult volunteers to be matched with delinquent or at-risk youth on a one-on-one basis. The mentor is an individual providing support, friendship, advice, and/or assistance to the juvenile. After recruitment, screening and training, the mentor spends time with the juvenile on a regular basis engaged in activities such as sports, movies, helping with homework, etc.</p> <p>(Length of Stay= Minimum 1 year, Frequency of Contact= should average 2 hours per week)</p>
Juvenile Structured Day	<p>Programs that offer well supervised and highly structured program of service to youth. Such service may enable youth to remain in the community. Clients may be long-term suspended from school or have behavior that might otherwise result in placement in detention. Typically, this type structure serves youth who are court involved and referrals are made from juvenile court counselors. Programs can either be full day or partial day (emphasis on service in the afternoon/after school hours).</p> <p>(Length of Stay= Not to exceed one year without detailed documentation of need, Frequency of Contact=NA)</p>
Substance Abuse Treatment	<p>In/Out-patient therapeutic services provided to juvenile offenders targeting substance abuse issues, including chemical dependency, alcoholism, and habitual or experimental use of other controlled substances. Personnel providing treatment must be licensed or certified to provide these services.</p> <p>(Length of Stay=Not Specified, Frequency of Contact= no less than every two weeks)</p>
Parent/Family Skill Building	<p>Services that focus on interactional or interpersonal issues faced by a parent(s)/family of a juvenile. This service works to develop parenting skills, communication skills, discipline techniques, and other related skills. May include sessions for parents only and/or sessions for parents and the referred youth.</p> <p>(Length of Stay= Minimum 12 weeks unless implementing a model program & following model specifications, Frequency of Contact= no less than 2 hours weekly)</p>
Teen Court	<p>Provides a diversion from juvenile court where trained adult and youth volunteers act as officials of the court to hear complaints. These programs make recommendations for appropriate sanctions including but not limited to community service and restitution (if applicable) to be assigned to the youth who have admitted committing minor delinquency and undisciplined complaints.</p> <p>(Length of Stay= Not to exceed 120 days, however 60 additional days may be approved to complete sanctions; Frequency of Contact= Not Specified)</p>

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<p>Restitution/Community Service</p>	<p>Programs that provide opportunities for offender to be accountable for their actions to the community and/or victim(s) through forms of payments or community service work that earns money to repay the victim(s).</p> <p>Court supervision= one year unless otherwise ordered; Frequency of Contact= minimum twice per month and no less than 8 hours per month)</p>
<p>Home-Based Family Counseling</p>	<p>Provides short term, intensive services focusing on family interactions/dynamics and their link to delinquent behavior. Involves the entire family and is typically conducted in the home. May also include the availability of a trained individual to respond by phone or in person to crisis. The goal is to prevent delinquent and undisciplined behavior by enhancing family functioning and self-sufficiency.</p> <p>(Length of Stay=six weeks to nine months, Frequency of Contact= at least three hours weekly)</p>