## Alamance County JCPC Request for Proposals (RFP) Program Descriptions FY 2024-2025

Program Types	Descriptions including Dosage and Duration of Services
Interpersonal Skill Building	Services that focus on developing the social skills required for an individual to interact in a positive way with others. The basic skill model begins with an individual's goals, progresses to how these goals should be translated into appropriate and effective social behaviors, and concludes with the impact of the behavior on the social environment. Typical training techniques are instruction, modeling of behavior, practice and rehearsal, feedback, reinforcement.
	(Length of Stay= Minimum 12 weeks unless implementing a model program & following model specifications, Frequency of Contact= no less than 2 hours weekly)
Mentoring	Provides opportunities for adult volunteers to be matched with delinquent or at-risk youth on a one-on-one basis. The mentor is an individual providing support, friendship, advice, and/or assistance to the juvenile. After recruitment, screening and training, the mentor spends time with the juvenile on a regular basis engaged in activities such as sports, movies, helping with homework, etc.
	(Length of Stay= Minimum 1 year, Frequency of Contact= should average 2 hours per week)
Juvenile Structured Day	Programs that offer well supervised and highly structured program of services to youth. Such service may enable youth to remain in the community. Clients may be long-term suspended from school or have behavior that might otherwise result in placement in detention. Programs can either be full-day or partial day.
	(Length of Stay=Not to exceed one year without detailed documentation of need, Frequency of Contact=NA)
Parent/Family Skill Building	Services that focus on interactional or interpersonal issues faced by a parent(s)/family of a juvenile. This service works to develop parenting skills, communication skills, discipline techniques, and other related skills. May include sessions for parents only and/or sessions for parents and the referred youth.
	(Length of Stay= Minimum 12 weeks unless implementing a model program & following model specifications, Frequency of Contact= no less than 2 hours weekly)
Teen Court	Provides a diversion from juvenile court where trained adult and youth volunteers act as officials of the court to hear complaints. These programs make recommendations for appropriate sanctions including but not limited to community service and restitution (if applicable) to be assigned to the youth who have admitted committing minor delinquency and undisciplined complaints.
	(Length of Stay= Not to exceed 120 days, however 60 additional days may be approved to complete sanctions; Frequency of Contact= Not Specified)
Substance Abuse Treatment	In/Out-patient therapeutic services provided to juvenile offenders targeting substance abuse issues, including chemical dependency, alcoholism, and habitual or experimental use of other controlled substances. Personnel providing treatment must be licensed or certified to provide these services.
	(Length of Stay=Not Specified, Frequency of Contact= no less than every two weeks)
Restitution/Community Service	Programs that provide opportunities for offender to be accountable for their actions to the community and/or victim(s) through forms of payments or community service work that earns money to repay the victim(s).

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	Court supervision= one year unless otherwise ordered; Frequency of Contact= minimum twice per month and no less than 8 hours per month)
Home-Based Family Counseling	Provides short term, intensive services focusing on family interactions/dynamics and their link to delinquent behavior. Involves the entire family and is typically conducted in the home. May also include the availability of a trained individual to respond by phone or in person to crisis.
	(Length of Stay=6 weeks to 9 months, Frequency of Contact=at least 3 hours weekly)
Tutoring/Academic Enhancement	Services intended to supplement full time academic program by providing assistance with understanding and completing schoolwork and/or classes. May also provide trips designed to be an enrichment of or supplemental experience beyond the basic educational curriculum.
	(Length of Stay= Minimum of 20 weeks, Frequency of Contact= No less than 2 hrs/week.)
Vocational Development	The overall emphasis focuses on preparing the juvenile to enter the work force by providing actual employment, job placement, non-paid work service (non-restitution based), job training or career counseling. These programs provide training to juveniles in a specific vocation, career exploration or career counseling, and/or job readiness.
	Length of Stay=Minimum 12 weeks unless implementing a model program and following model specifications, Frequency of Contact=no less than 2 hours weekly)
Experiential Skill Building	Services that provide opportunities to juveniles using activities to develop skills. The activities may be highly related to the acquisition of the skill (i.e. Independent living skills training taught by having juveniles practice life skills such as laundry, washing dishes, balancing a checkbook) or may include adventure activities (such as rock climbing, rafting, backpacking, etc.) aimed at increasing self-esteem and building interpersonal skills to promote more appropriate behavior.
	(Length of Stay= Minimum 12 weeks unless implementing a model program & following model specifications, Frequency of Contact= no less than 2 hours weekly)
Mediation/Conflict Resolution	Programs offering a private process of negotiation conducted by a neutral, third party person, a Mediator. These programs offer immediate and short-term involvement with youth to focus on negative and/or offending behaviors. Mediation is a consensual decision-making process by parties who work towards a mutual understanding to resolve a problem or a dispute. Mediators do not counsel or give advice but facilitate communication among parties as the parties work to reach their own decision regarding resolution of their conflict. Services should be provided for diverted and/or adjudicated youth and may include victim/offender reconciliation.
	(Length of Stay= No longer than 90 days, Frequency of Contact= Based upon the requirements of the program)

The Department of Public Safety, Community Programs Section, is offering a virtual workshop on <u>January 10, 2024</u> from <u>9:30 AM</u> – <u>12:00 PM</u>. This workshop is not mandatory in order to apply for DPS JCPC funding but strongly encouraged because of the application process that will be covered (NCALLIES) and reporting requirements (fiscal and programmatic). All interested parties must register no later than <u>12:00 pm</u> on <u>January 8, 2024</u> by emailing JCPC Central Area Consultant David R. Carter at david.r.carter@ncdps.gov.