



ALAMANCE COUNTY Health Department

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Two Health Department Programs Receive National Recognition

BURLINGTON – Alamance County Health Department is celebrating national recognitions received by the Women, Infant and Children (WIC) Program and the Minority Diabetes Prevention Program (MDPP). The Alamance County Health Department received Centers for Disease Control and Prevention (CDC) Full Recognition for its Minority Diabetes Prevention Program and the WIC program was awarded the USDA's 2018 GOLD Loving Support Award of Excellence.

WIC

Alamance County WIC received one of seven total awards given in the state of North Carolina this year, along with only 89 others from around the United States. The award is given to WIC programs that have had a peer counseling program for more than one year, and meet all the required core components of the Food and Nutrition Services Loving Support Model curriculum for a successful peer counseling program. Peer Counselors are a valuable part of the Alamance County WIC team.

WIC is the Special Supplemental Nutrition Program for Women, Infants, and Children funded by the United States Department of Agriculture. For more information or to make an appointment please visit the Alamance County WIC Program at 319 N Graham-Hopedale Road in Burlington or contact the Alamance County WIC program at 336-570-6745. You may also visit the WIC website at www.nutritionnc.com. This institution is an equal opportunity provider.

MDPP

The CDC Full Recognition achievement is reserved for programs that have effectively delivered a quality, evidence-based type 2 diabetes prevention lifestyle change program that meets all of the standards for CDC recognition. To be evaluated for full recognition, organizations must have submitted a full 12 months of data for two consecutive years on at least two completed cohorts of the program. Successful programs are determined by attendance of participants, documentation of body weight and physical activity minutes of each participant, the cohorts' ability to achieve an average weight loss of 5% over 12 months, and the participants' eligibility for the program through a blood test or risk test. By achieving Full Recognition, the Health Department is now listed as a fully recognized program on the CDC's National Diabetes Prevention Program Registry of Recognized Organizations,; 1 of 4 organizations receiving such recognition in the state of North Carolina. The registry is located at https://nccd.cdc.gov/DDT_DPRP/Registry.aspx.

##ACHD##



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Public's Health in Alamance County**