

# Financial Wellness

## Finances

- ⑤ MyMoney.gov  
a product of the Congressionally chartered Federal Financial Literacy and Education Commission, to coordinate and collaborate to strengthen financial capability and increase access to financial services for all Americans. It is organized around the My Money Five principles: spend, earn, save and invest, protect, and borrow.
- ⑤ The Consumer Financial Protection Bureau (CFPB) regulates the offering and provision of consumer financial products or services under the federal consumer financial laws and educates and empowers consumers to make better informed financial decisions.
- ⑤ Consumer.gov  
Learn to keep your money and identity secure with the latest from the FTC (Federal Trade Commission). This website can help you manage your money, understand credit, identify scams, and prevent theft.
- ⑤ Data Axle Reference Solutions (formerly Reference USA) – Reference USA helps users of all kinds search for jobs, research U.S. businesses, create marketing and small business plans, locate specific people and more.
- ⑤ National Foundation for Credit Counseling® (NFCC®) the largest and longest-serving nonprofit financial counseling organization in the U.S.
- ⑤ Consumer Reports  
Online access to Consumer Reports magazine is now available. Back issues available from January 1991 to present day.
- ⑤ Credit.org  
a non-profit service with financial coaching is available at absolutely no charge.

## Assistance Resources

- NC211.org
- Telephone Service Assistance
- Energy Assistance Program
- Foreclosure Prevention Assistance
- Transportation Assistance
- Connectivity Assistance

## Investing

- Investing.gov: from the SEC's Office of Investor Education and Advocacy. An online resource to help you make sound investment decisions and avoid fraud.
- Morningstar Investment Research Center: Includes research and independent opinions on thousands of mutual funds, stocks, and hundreds of ETFs.

## Retirement

- AARP Retirement Resources: For those age 50 and older.
- Morningstar Investment Research Center Includes research and independent opinions on thousands of mutual funds, stocks, and hundreds of ETFs.

## Home Ownership

- U. S. Department of Housing and Urban Development (HUD): Thinking about buying a home? Check out the HUD resource guide for answers to your questions.
- Home Buying Resources from the American Bar Association
- Habitat for Humanity of Alamance County: Affordable housing for low-income families.
- Burlington Housing Authority: Safe, affordable housing for families, seniors and disabled individuals in Burlington, North Carolina. Utilizing federally-funded housing programs, in conjunction with non-profit social programs, BHA offers support services and life skills training to prepare residents to transition from subsidized to non-subsidized housing.
- North Carolina Housing Finance Agency: A self-supporting public agency that finances affordable housing opportunities for North Carolinians whose needs are not met by the market. Avoid foreclosure information, home repair assistance information, and more.