



# ALAMANCE PARKS

# SUMMER PROGRAM OFFERINGS

## PARK PROGRAMS

### JULY

7/14: Creek Exploration at Shallow Ford Natural Area

### AUGUST

8/4: Night Hike for Teens, 7pm, Cedarock Park  
co-sponsored by Alamance County Public Libraries

8/18: Build a Terrarium

8/31: National Trail Mix Day

### SEPTEMBER

9/5, 9/12, 9/19, 9/26: Trail Running, 6pm  
(partnered with Burlington Parks and Rec)

9/22: Hike at Sunset

Upcoming: Canning class with Eleanor

## SPECIAL POPULATIONS

### AUGUST

8/10: VIP Cookout & Bingo, 11am  
Cedarock Park Shelter 4

*Special Olympics Golf*: Tuesday Evenings through  
November at Indian Valley Golf Course

*Special Olympics Equestrian*: July through September

### SEPTEMBER

9/11-10/9: Elon Intramurals Soccer, Elon Intramural fields

9/15: VIP Carousel Festival, City Park Burlington

9/21: Bocce Tournament, Bill Cooke Park for ABSS

9/25 & 9/27: Adult Test Days to qualify for  
Bowling Tournament

9/28-9/30: Equestrian Tournament in Raleigh

*Check website for event dates and times*

## ATHLETICS

### AUGUST

8/2: Youth Football Coaches Meeting

8/20: Youth Football Practices Begin

### SEPTEMBER

9/17: Youth Football Season Begins



**TO SEE CURRENT PROGRAMS  
AND TO REGISTER, VISIT:**

<https://alamance.recdesk.com/Community/Home>



**Special Olympics Coaches Needed for Cycling, Swim and Golf!**

*Have a heart for sports and assisting those with disabilities? You will fit right in!*

*Contact Emily Vermeer: 336-570-6760 or [emily.vermeer@alamance-nc.org](mailto:emily.vermeer@alamance-nc.org)*



# COMMUNITY CENTERS

## ELI WHITNEY

**PICKLEBALL** - Tuesdays from 9-11am at the Eli Whitney Community Center!

**BINGO** - Wednesdays from 9am-1pm at the Old Eli Whitney Fire Department

### OPEN GYM HOURS:

**Pleasant Grove** - Mon & Wed: 5-8pm, Sat: 8am-12pm

**Eli Whitney** - Mon: 10am-1pm, Tue: 11am-1pm, Wed: 1-3pm

### FITNESS CENTER HOURS:

**Pleasant Grove** - Mon through Sat: 8am-12pm,  
Mon & Wed: 5-8pm, Thur: 4-7pm

**Eli Whitney** - Mon: 10am-1pm, Tue: 9am-1pm, Wed: 1-3pm

## QUESTIONS? CONTACT US:

### GENERAL PROGRAMS

*Jason Witherspoon: (336) 570-6288  
jason.witherspoon@alamance-nc.com*

### SPECIAL POPULATIONS

*Emily Vermeer: (336) 570-6760  
emily.vermeer@alamance-nc.com*

### ATHLETICS

*Dan Moravec: (336) 570-6761  
dan.moravec@alamance-nc.com*

### PLEASANT GROVE COMMUNITY CENTER

*Nolan Carter: (336) 270-5124  
nolan.carter@alamance-nc.com*

## PLEASANT GROVE

### JULY

7/6: Nature Play Day @ Glencoe (Fort Building, Goods from Woods, Scavenger Hunt & More!)

7/13, 3pm: PG Camp Talent Show

7/19, 5-7pm: Family Game Night @ PG (Life Size Board Games & More!)

7/20: Nature Play Day @ Glencoe (Fort Building, Goods from Woods, Scavenger Hunt & More!)

7/23, 9am: PG Beach Craft

### AUGUST

8/3: Nature Play Day @ Glencoe (Fort Building, Goods from Woods, Scavenger Hunt & More!)

8/24: Nature Play Day @ Glencoe (Fort Building, Goods from Woods, Scavenger Hunt & More!)

8/27, 9am: PG Craft Class

### SEPTEMBER

9/24, 9am: PG Craft Class

9/25, 3-4:30pm: Fishing Fun, Cedarrock Park  
*Bring your own fishing pole or try out one of our cane poles. Meet at the fishing pond located near Shelter 4. Worms will be provided.*

9/26, 3pm: Nature Walk, Shallow Ford Natural Area  
*We will hike the Basin Creek Trail (.75 miles)  
Meet by the trail entrance in the parking lot.*

*All Programs FREE & open to children of all ages.  
Must be accompanied by a parent or guardian at all times. Call (336) 270-5124 for more information.*

## FOR THE LATEST INFORMATION ON CURRENT PROGRAMS

Check out our website: [www.alamanceparks.com](http://www.alamanceparks.com)

Visit our Facebook Pages: [www.facebook.com/cedarrockpark](http://www.facebook.com/cedarrockpark) & [www.facebook.com/hawrivertrail](http://www.facebook.com/hawrivertrail)

Call the main office: (336) 229-2410 or Email us at: [recinfo@alamance-nc.com](mailto:recinfo@alamance-nc.com)

*Some Programs Require Advanced Registration*

Register online at: <https://alamance.recdesk.com/Community/Home>

