

Pleasant Grove Recreation Center

(336) 270 – 5124

◀ September							October 2021							November ▶						
Sun		Mon		Tue		Wed		Thu		Fri		Sat								
										1		2								
3		4 FITNESS ROOM 8:00AM – 12:00PM OPEN GYM 5:00 – 8:00PM		5 FITNESS ROOM 8:00AM – 12:00PM		6 FITNESS ROOM 8:00AM – 12:00PM OPEN GYM 5:00 – 8:00PM		7 FITNESS ROOM 8:00AM – 12:00PM		8 FITNESS ROOM 8:00AM – 12:00PM		9								
10		11 FITNESS ROOM 8:00AM – 12:00PM OPEN GYM 5:00 – 8:00PM		12 FITNESS ROOM 8:00AM – 12:00PM		13 FITNESS ROOM 8:00AM – 12:00PM SR. BINGO 9:00 – 11:00AM OPEN GYM 5:00 – 8:00PM		14 FITNESS ROOM 8:00AM – 12:00PM		15 FITNESS ROOM 8:00AM – 12:00PM		16								
17		18 FITNESS ROOM 8:00AM – 12:00PM OPEN GYM 5:00 – 8:00PM		19 FITNESS ROOM 8:00AM – 12:00PM		20 FITNESS ROOM 8:00AM – 12:00PM OPEN GYM 5:00 – 8:00PM		21 FITNESS ROOM 8:00AM – 12:00PM		22 FITNESS ROOM 8:00AM – 12:00PM		23								
24		25 FITNESS ROOM 8:00AM – 12:00PM OPEN GYM 5:00 – 8:00PM		26 FITNESS ROOM 8:00AM – 12:00PM		27 FITNESS ROOM 8:00AM – 12:00PM SR. BINGO / LUNCH 9:00AM – 12:00PM OPEN GYM 5:00 – 8:00PM		28 FITNESS ROOM 8:00AM – 12:00PM		29 FITNESS ROOM 8:00AM – 12:00PM		30								
31																				