

PLEASANT GROVE RECREATION CENTER

(336) 270 - 5124

April 2024						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	2 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	3 FITNESS ROOM 8:00am – 12:00pm	4 FITNESS ROOM 8:00am – 12:00pm ARCHERY CLASSES 5:00pm – 7:30pm	5 FITNESS ROOM 8:00am – 12:00pm	6 FITNESS ROOM / OPEN GYM 9:00am – 11:00am
7	8 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	9 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	10 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm COMMUNITY BINGO 9:00am – 11:00am OPEN GYM 6:00pm – 7:30pm	11 FITNESS ROOM 8:00am – 12:00pm ARCHERY CLASSES 5:00pm – 7:30pm	12 FITNESS ROOM 8:00am – 12:00pm	13 FITNESS ROOM / OPEN GYM 9:00am – 11:00am
14	15 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	16 FITNESS ROOM 8:00am – 12:00pm	17 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	18 FITNESS ROOM 8:00am – 12:00pm ARCHERY CLASSES 5:00pm – 7:30pm	19 FITNESS ROOM 8:00am – 12:00pm	20 FITNESS ROOM / OPEN GYM 9:00am – 11:00am
21	22 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	23 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	24 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm COMMUNITY BINGO / LUNCH 9am – 12pm OPEN GYM 6:00pm – 7:30pm	25 FITNESS ROOM 8:00am – 12:00pm ARCHERY CLASSES 5:00pm – 7:30pm	26 FITNESS ROOM 8:00am – 12:00pm	27 FITNESS ROOM / OPEN GYM 9:00am – 11:00am
28	29 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	30 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm				